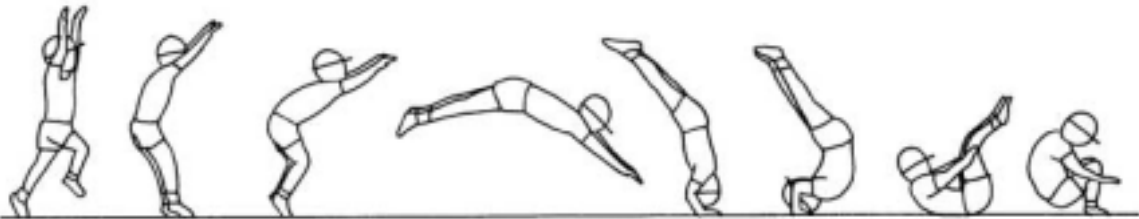
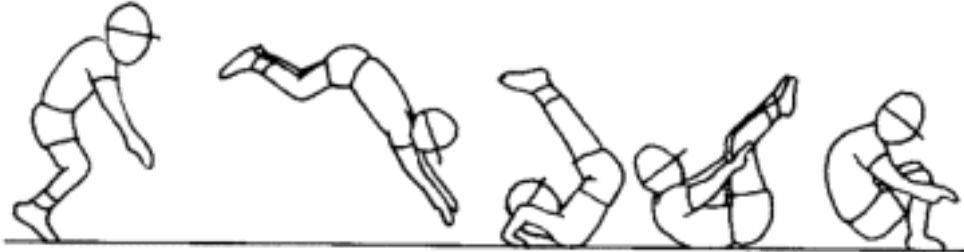



跳び前転得点表

得点	跳び前転の様子
3	<p data-bbox="272 495 1305 539">体を空中に上げ腰を大きく伸ばした跳び前転ができる</p>  A sequence of eight line drawings showing a person performing a high jump front flip. The person starts in a crouched position, jumps high with arms extended, reaches a peak where the body is horizontal and legs are straight, then rotates forward to land on their feet in a crouched position.
2	<p data-bbox="272 846 1129 891">両足踏切から腰を浮かした跳び前転ができる</p>  A sequence of five line drawings showing a person performing a jump front flip. The person starts in a crouched position, jumps with feet together, reaches a peak where the body is horizontal and legs are bent, then rotates forward to land on their feet in a crouched position.
1	<p data-bbox="272 1267 874 1312">大きな前転をすることができる</p>  A sequence of four line drawings showing a person performing a large front flip. The person starts in a crouched position, jumps with feet together, reaches a peak where the body is horizontal and legs are bent, then rotates forward to land on their feet in a crouched position.